

2020 Midwest Nordic Rendezvous



When: January 3-5, 2020

Where:

Timber Ridge Resort

Guest Instructor: Zeke Fashingbauer

Traverse City, MI 49686

Join us for the 4th annual Midwest Nordic Rendezvous with our guest instructor Zeke Fashingbauer from Minocqua, Wisconsin! Zeke has been skiing and racing since 75mm boots were cool. His snow sports lifestyle keeps him fit, fun, and fast. In the winter he is selling skis and educating skiers at Minocqua Winter Park. Early and late season find him chasing snow, spreading the stoke. His unique blend of equipment expertise, instructional pedagogy, and racing experience continues to grow with each season. Days off are spent in the U.P. carving turns or taking friends and family on ski adventures. Zeke is a PSIA-C Examiner and USSA/CXC certified coach. *"The best skier wears the biggest smile"*

Come and improve your own skiing skills, whether you are intermediate or advanced. Find the right clinic for your skill level. Video Movement Analysis clinics are back and is space limited, sign up early! Additional clinics will be for High school skiers, youth and women clinics, as well as a the ability to become a Level 1 PSIA Instructor, Children's Specialist Certificate, and/or receive PSIA credit. Saturday evening will be a social gathering with a presentation from Zeke. Come and enjoy this special event and develop your skiing skills for the upcoming winter season!!

Schedule of Clinics & Events

(Check all that apply - clinic fees include trail pass but not equipment rental)

Friday, January 3 – High School Nordic & SheSki Clinics

- 4:00 pm - 6:00 pm All Area High School Skiers (classic & skate) - Free
- 6:15 pm - 8:00 pm SheSki (women only) Dryland Clinic - Donation (light appetizers/BYOB)

Saturday, January 4 - Youth & Adult Clinics

- 8:30 am - 10:00 am Intermediate XC Ski Clinic (Classic) Ages 12 – Adult - \$30
- 10:30 am - Noon Intermediate XC Ski Clinic (Skate) Ages 12 -- Adult- \$30
- 12:45 pm - 2:30 pm Coaches Clinic Skate – *Free to VSC Coaches
- 2:45 pm - 4:30 pm Coaches Clinic Classic – *Free to VSC Coaches

Saturday evening, January 4 - Skier Social and Presentation by Zeke

- 5:00 pm – 7:00 pm light meal and drinks provided. BYOB

Sunday, January 5 - Technique Clinics

- 8:30 am - 10:30 am Advanced / Masters (Classic) with video analysis - \$40 (*limited)
- 11:00 am - 1:00 pm Advanced / Masters (Skate) with video analysis - \$40 (*limited)
- 2:00 pm - 3:30 pm Advanced XC Ski Technique Clinic (Classic) - \$30
- 3:45 pm - 5:15 pm Advanced XC Ski Technique Clinic (Skate) - \$30

Name: _____ Phone: _____

E-mail: _____ TOTAL FEES: _____

Register on line at VasaSkiClub.org or complete a separate registration form for each individual and mail form(s) and **check payable to Vasa Ski Club** to Bud Huber, 3954 Arlington Dr. Williamsburg, MI 49690

Please check e-mail frequently for possible schedule changes and current ski conditions.

This event is open for PSIA continuing education credit taken as a Workshop; must register through PSIA-C

For further information email: amy68fly@yahoo.com